



THE VOICE & VOCAL HEALTH

Head Voice, Chest Voice

Age Range:	Late Elementary, Middle School, High School
About:	Students will learn the difference between head voice and chest voice and acquire some tips on how to access each register.
Total Video Time:	3:57

INTRODUCTION

Our voice is one instrument, but it has different parts. In this short video, singer Liz Pearse explains the difference between head voice and chest voice.

[Click here](#) to play the video. (Video approx. 4 minutes)

EXTEND

1. Remember there are different voice types. Review them using the Class Notes lesson [What are VOICE TYPES?](#)
2. No matter what type someone has, everyone has a head voice and a chest voice. Which of the two kinds of voices is generally higher? Which is generally lower?
3. If you are having trouble accessing your head voice, what kinds of sounds can you make to warm up?