



# THE VOICE & VOCAL HEALTH

## Exploring the Voice

<b>Age Range:</b>	Late Elementary, Middle School, High School
<b>About:</b>	Students will understand that the voice is an instrument and will acquire a basic understanding of how the voice produces sound.
<b>Total Video Time:</b>	4:31 (lesson only); 20:34 (with extensions)

## INTRODUCTION

We all have an instrument we carry around with us in our bodies- our voice! In this short video, singer Liz Pearse explains how our voices make different types of sound.

[Click here](#) to play the video. (Video approx. 5 minutes)

## EXTEND

1. Answer the following questions to secure and reinforce comprehension of key concepts.
  - Name a few parts of the body that help the voice produce vocal sounds.
  - The voice is essentially a tube. What body part is at the bottom of the tube? What body part is at the top of the tube?
  - What important part of the body is in the middle of the tube?
  - What is one way to change the shape of your vocal sound?
  - What are some ways you can control your vocal sound?
  - What's the weirdest sound you can make with your voice?
2. Remember there are different types of voices. Review them with the Class Notes lesson [What are VOICE TYPES?](#)
3. Watch and listen to a few singers and think about how they are using the instruments of their voice.
  - [Mezzo Soprano Joyce DiDonato sings an aria by Henry Purcell](#)
  - [Tenor Lawrence Brownlee sings a collection of songs.](#)