

MUSIC & GEOGRAPHY:

Polar Regions

Age Range: Elementary, with modifications by age

Learning Objective: Students will learn characteristics of the two polar regions and hear music inspired by

these regions.

ENGAGE students

DISCOVER. Show students a <u>map</u> of the world. Have them guess where the two polar regions

are. Show them this map. Point out Antarctica at the bottom and the Arctic (region

above the red line) at the top.

EXPLORE sounds

EXPLAIN. "The Arctic is the name for the area surrounding the North Pole. Antarctica is the area

surrounding the South Pole."

WATCH. Show students <u>this video</u> exploring the two regions. (5 min.)

LISTEN. Watch one or both videos featuring Arctic-inspired music:

• This video features ice as an instrument and is filmed in Norway. (5 min.)

• This <u>video</u> features Inuit throat singing, native to the Arctic. (3 min.)

LISTEN. Listen to the third movement, <u>Penguin Ballet</u>, from *Antarctica Suite for Guitar*. (3 min.)

While listening:

• Grades K-2: Color this coloring page featuring polar bears and penguins.

• **Grades 3-6:** Design and draw a home for Antarctica. What features would your home have? What animals might be around your home?

EXTEND learning

Choose one or more activities to extend learning.

MOVE. Use our Penguin Ballet Movement Guide for a guided movement activity.

REVIEW. Read each statement below and ask the students to pick the correct regions.

Students can point up ("North") for Arctic and point down ("South") for Antarctica.

√ "This region is a continent." (Antarctica)

✓ "This region is an ocean covered with ice." (Arctic)

✓ "This region has polar bears." (Arctic)

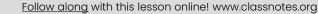
✓ "This region has penguins." (Antarctica)

✓ "This region has permanent human settlement." (Arctic)

✓ "This region has no permanent human settlement." (Antarctica)

LISTEN. Learn more about Inuit throat singing in this video, or check out this animated video

featuring ice instruments and Inuit throat singing.



Broken link? Need help adapting a lesson? Contact Katie Condon, education specialist



